

# **Billing Policy**

### Rates and Insurance

### Psychiatric Services (Cash Rates)

Initial Psychiatric Evaluation (60 minutes): \$300 Medication Management with Psychotherapy (30-45 minutes): \$200 Medication Management Only (15-30 minutes): \$150

#### Psychotherapy (Cash Rates)

Intake Session (60 minutes): \$250 Individual Counseling Session (45 minutes): \$210 Victress accepts Blue Cross Blue Shield, Aetna, United and Cigna PPO plans and Medicare.

**Cash rates** are for clients who choose to pay out-of-pocket. A **sliding scale fee** is available upon request and based on financial need.

Victress is paneled with most major commercial insurance providers, including Medicare and Medicaid. If we are not already credentialed with your insurance, please notify us and we will begin the credentialing process on your behalf.

**Please note:** it is the responsibility of the client to know insurance status and to provide any updated policy information during the course of the therapy relationship. Clients should consult their insurance regarding **co-pays** and **deductibles**, as well as how many sessions will be covered and any other coverage limitations; this will prevent you from incurring unexpected charges that you will be responsible for in full, including denied claims.

If during therapy your insurance status changes, resulting in a credit on your account, Victress will inform you of the credit via your monthly statement and it will be kept on-file for a future visit.

### Payment

A valid credit card is required to be kept on-file at all times. Any unpaid invoices over 30 days will incur a late fee of \$25 per month. For all billing inquires, please contact info@victresswellness.com or 708-428-2527. Thank you for your prompt payment.

Statements are sent through the portal at the beginning of each month for client review. Please review each statement thoroughly.

Legal Notice: if payment for services is not received and legal action is taken, client will be held liable for any associated fees.

## **Cancellation Policy**

If you are unable to attend a session, please notify our office at least 24 hours beforehand by calling or texting (708) 428-2527. Missed appointments with late or no notice will be charged 100% of the visit rate. No-show or late notice fees will be automatically charged to the card on file. Thank you for your cooperation.

## Additional Information

Please contact us with any additional questions that you may have. We look forward to working with you!

Please sign that you acknowledge and agree to the billing policy as explained in this document:

Client Signature

Date